

Conversation Topics for Introducing Yourself

Take turns asking each other to fill in the blanks.

BASIC STUFF ABOUT ME

My full name is . . .

I was born in (country, city, state, province, or town) . . .

My birthday is _____, and I am _____ years old.

I've lived in some of these places . . .

One of my favorite things to do is . . .

My least favorite thing to do is . . .

When I was younger, I enjoyed . . .

I spent a lot of time . . .

When I was younger, the person I liked to be around was _____,

because _____

One adult who valued and accepted me was _____ . Our

relationship was _____

One of my best days was the day . . .

One of my worst days was the day . . .

School for me is/was . . .

Some of the people I like to be around include . . .

My favorite ice cream flavor(s) . . .

Three more things I love to eat . . .

Music I like to listen to . . .

Names of the people who live with me . . .

Some things I like about where I live are . . .

Some things I like about being the age I am are . . .

This is how I'd describe my relationship with my parent(s) or guardian(s) . . .

More than anything, I believe young people today need (list) . . .

Parents and other adults need to try to understand that young people . . .

When I think about my life today,

I sometimes wonder if . . .

I sometimes fear . . .

OUR NEW FRIENDSHIP

I'm interested in getting to know you because . . .

I'm looking forward to . . .

Some of the feelings or questions I have about my role in our friendship include . . .

To make our times together fun and interesting for both of us, I'm willing to . . .

When I look back on this experience a year from now, I hope I'll be able to say that I helped you to . . . (list)—and that you helped me to . . .

Adapted from *In Good Company: Tools to Help Youth and Adults Talk*; copyright © 2001 by Search Institute. This handout may be reproduced for educational, noncommercial uses only (with this copyright line). From *Mentoring for Meaningful Results: Asset-Building Tips, Tools, and Activities for Youth and Adults*. Copyright © 2006 by Search Institute; 800-888-7828; www.search-institute.org.